

By initialing, I state that I've received verbal and written post-procedure instructions from Pretty Please Permanent Makeup, and I understand them and agree to call with any questions or concerns.

Client Initials _____ Date _____ Practitioner _____

	Eyebrows / Camouflage	Lips	Eyeliner
WHAT TO EXPECT	Slight swelling with varying degrees of redness. Fairer complexions will tend to be more pink or red.	Day of procedure: Swelling may occur. An ice bag covered with paper towel can be applied for the first day and next morning. Lips tend to be very dry.	Various degrees of swelling may occur, generally for first few mornings. Sleep propped up or on your back to reduce swelling. A sealed ice bag covered with paper towel can be <i>lightly</i> applied for the first 2 days. If eyes are weeping or tearing, pat lightly to dry with soft tissue. DO NOT PRESS ICE BAG AGAINST EYES!
HOW TO CARE FOR YOUR PERMANENT MAKEUP	Day of procedure: Pat <i>lightly</i> to remove any fluid with soft tissue. Day 2: Wash brows <i>lightly</i> with warm water & mild soap using finger tips . Pat dry with soft cloth. Day 2 – 7: Continue to wash lightly as above. Apply a <i>small amount</i> of After Inked or grape seed oil 1x daily in A.M. using Q-tip.	Keep moist using Q-tip with Vaseline for 14 days. Very moist lipstick/lip gloss may be worn over a coat of Vaseline. Day 2: Wash lips with mild soap & water using finger tips. Rinse and pat <i>lightly</i> to dry. Apply thin layer of Vaseline. Day 3-6: Repeat washing & reapply Vaseline. Peeling will occur. DO NOT PEEL OFF!	Day of procedure & Day 2: Wash eyes with mild soap and water, using finger tips. Rinse well and lightly pat dry. Apply nothing. Day 3: Apply nothing. No need to wash unless lashes are stuck together. Day 4 -6: Apply nothing. Allow your eyeliner to dry heal. Should be no need to wash until healed. Then, resume regular routine. <u>Change your pillowcase, nightly.</u>
WHAT TO AVOID	Avoid placing your face directly into a shower & avoid: night creams, moisturizers, active skin creams, Retin-A, soaps, facial cleansers, on pigmented area. Avoid direct sunlight while healing. Avoid picking or scratching brows while healing.	Avoid extended wear lipsticks or plumping gloss. Avoid teeth bleaching for a minimum of 3 weeks. Avoid drinking any beverages without a straw.	Avoid: eye creams, Latisse & lash growth products, moisturizers, Retin-A, lash tinting, lash extensions and false lashes for 2-wks following procedures. Avoid high sodium foods (for at least the first 3 days).
WHAT TO NOTICE	Infections are extremely rare, however, if red ring appears around your brows, seek medical attention. Brows may weep for first few days so <u>change your pillowcase, nightly.</u>	Lips may weep first few days, <u>change your pillowcase, nightly.</u> Lips tend to fade 60% and color can hide for a 4-week period before resurfacing.	YOUR EYEBALL SHOULD NOT BECOME MORE RED! You must seek medical attention <i>immediately</i> if you see signs of bloodshot eyes or pus in the corners of your eye/eyes. This may be an infection, requiring a physician and prescribed medication.
***** At first sign of infection, we advise you to consult your physician. *****			

FOLLOW FOR ALL PROCEDURES: A touch-up procedure is often required and is charged separately.

- Avoid makeup, Retin-A & glycolic acids on pigmented areas while healing.
- Avoid touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas. Once healed, use a good sunscreen daily.
- Avoid swimming pools, oceans, hot tubs, saunas and hot steamy showers. Shower with back to shower head to avoid water, shampoo /conditioner getting into pigmented area.
- Avoid dirt (as in gardening), extreme perspiration (the gym) for the first week to prevent possible infection.
- Don't be alarmed if pigment comes off onto Q-tip when applying aftercare ointments.
- Don't be alarmed by fading after first application. Final color can't be judged until 2 weeks post procedure.
- Never use topical antibiotics unless given to you at time of your procedure, with specific instructions.
- If planning a chemical peel, MRI or other medical procedure, please notify technician you have iron-oxide cosmetic tattoo.
- If planning to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- To donate blood, it's a Red Cross policy to wait one year after any tattooing procedure.

Client signature _____

Date _____

Practitioner _____

Date _____



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